



**SGT UNIVERSITY**  
**SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY**  
(UGC Approved University) GURGAON, Delhi-NCR

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**Name of the Faculty:** Behavioural Sciences

**Name of the Event/ Programme:** “Building Positive Self-Image”

**Type of event:** Workshop

**Date:** 21<sup>st</sup> November 2017

**Venue:** Faculty of Behavioural Sciences

**Organizers:** Faculty of Behavioral Sciences (FBS) in collaboration with Round Glass Team

**Objective:** To emphasize on the role of unshakable self-confidence

**About the Speaker/Guest:** Dr. Dhaval Modi, Director of Round Glass Peace

**Audience:** All Students and Faculty Members

**Brief Report:**

Faculty of behavioral sciences (FBS) in collaboration with Round Glass Team organised a workshop on “**Building Positive Self-Image**” on 21<sup>st</sup> November 2017. This was the fourth workshop held with the team where Dr. Dhaval Modi, Director of Round Glass Peace emphasized the role of unshakable self-confidence and engaged students in various role plays where a group of students perform five role plays on various aspects of self-confidence. The session was interactive and relevant to the students in managing their day-to-day issues. Students learned few counselling techniques by acting as a counselor and resolving issues pertaining to therapeutic encounter.



Building positive self-image by role playing activity



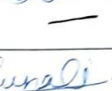
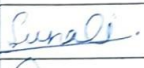

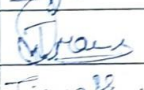
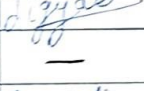


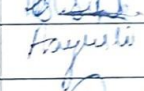
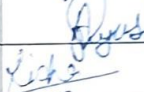
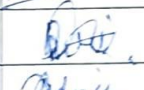






FACULTY OF BEHAVIOURAL SCIENCES

23

Name of the event: Building Positive Self-Image

SESSION-2017-18

Attendance Sheet (Date: 21/11/17)

| S. No | Registration Number | Name            | Course                                    | Year | Signature   |
|-------|---------------------|-----------------|---|------|---|
| 1     | 171902002           | KAJAL SHARMA    | Bachelor of Science (Clinical Psychology) | I    |    |
| 2     | 171902004           | RAKSHA KOUL     | Bachelor of Science (Clinical Psychology) | I    |    |
| 3     | 171902005           | CHRISTIE SAJU   | Bachelor of Science (Clinical Psychology) | I    |    |
| 4     | 171902006           | MINAM TALOH     | Bachelor of Science (Clinical Psychology) | I    | —   |
| 5     | 171902007           | SUNALI SAINI    | Bachelor of Science (Clinical Psychology) | I    |    |
| 6     | 171902008           | PRIYA           | Bachelor of Science (Clinical Psychology) | I    |    |
| 7     | 171902009           | RIYA SETH       | Bachelor of Science (Clinical Psychology) | I    |    |
| 8     | 171902010           | ISHA SEHRAWAT   | Bachelor of Science (Clinical Psychology) | I    |   |
| 9     | 171902011           | JIGYASA CHAUHAN | Bachelor of Science (Clinical Psychology) | I    |  |
| 10    | 171902012           | EKTA JHA        | Bachelor of Science (Clinical Psychology) | I    | —   |
| 11    | 171902014           | SHRISTI VATS    | Bachelor of Science (Clinical Psychology) | I    |  |
| 12    | 171902015           | CHITRA HUDIA    | Bachelor of Science (Clinical Psychology) | I    | —   |
| 13    | 171902016           | DEVANSHI        | Bachelor of Science (Clinical Psychology) | I    |  |
| 14    | 171902017           | AAYUSHI         | Bachelor of Science (Clinical Psychology) | I    |  |
| 15    | 171902018           | SALONI CHHABRA  | Bachelor of Science (Clinical Psychology) | I    |  |
| 16    | 171902019           | RICHA DHINGRA   | Bachelor of Science (Clinical Psychology) | I    |  |
| 17    | 171902020           | VISHAKHA        | Bachelor of Science (Clinical Psychology) | I    |  |
| 18    | 171902021           | AKANSHA JAIN    | Bachelor of Science (Clinical Psychology) | I    |  |
| 19    | 171902022           | SUPRIYA KUMARI  | Bachelor of Science (Clinical Psychology) | I    |  |
| 20    | 171902023           | ABHINAV MATHUR  | Bachelor of Science (Clinical Psychology) | I    |  |
| 21    | 171902024           | BAROJ UN NISA   | Bachelor of Science (Clinical Psychology) | I    | —   |
| 22    | 171902025           | ONAM HEMI       | Bachelor of Science (Clinical Psychology) | I    |  |
| 23    | 171902027           | SHUFA KHAN      | Bachelor of Science (Clinical Psychology) | I    | —   |

|    |           |                     |   |   |         |
|----|-----------|---------------------|---|---|---------|
| 24 | 171902029 | POOJA GULIA         | Bachelor of Science (Clinical Psychology) | I | —       |
| 25 | 171902030 | TANIYA              | Bachelor of Science (Clinical Psychology) | I | Taniya  |
| 26 | 171902031 | TODARISUKKORDOR WAT | Bachelor of Science (Clinical Psychology) | I | Todari  |
| 27 | 171902032 | ANJALI SEHRAWAT     | Bachelor of Science (Clinical Psychology) | I | Anjali  |
| 28 | 171902033 | KHAMKORDOR HUJON    | Bachelor of Science (Clinical Psychology) | I | Kham    |
| 29 | 171902034 | SARTHAK             | Bachelor of Science (Clinical Psychology) | I | Sarthak |
| 30 | 171902035 | KALPANA SHARMA      | Bachelor of Science (Clinical Psychology) | I | Kalpana |
| 37 | 171910002 | DIVYANSHU ARORA     | Bachelor of Arts (Hons.) (Psychology)     | I | —       |
| 38 | 171910004 | ADITI KAUSHIK       | Bachelor of Arts (Hons.) (Psychology)     | I | Aditi   |
| 39 | 171910006 | NIKHIL SHARMA       | Bachelor of Arts (Hons.) (Psychology)     | I | Nikhil  |
| 40 | 171910007 | ANSHUL CHHILLAR     | Bachelor of Arts (Hons.) (Psychology)     | I | —       |

#### FACULTY OF BEHAVIOURAL SCIENCES

Name of the event: *Building positive self-image*

SESSION-2017-18

Attendance Sheet (Date: 21/11/19)

| S. No | Registration Number | Name             | Course  | Year | Signature |
|-------|---------------------|------------------|---|------|-----------|
| 41    | 171909001           | AKANSHA BHADANA  | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | —         |
| 42    | 171909002           | SIMRAN JAISWAL   | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Simran    |
| 43    | 171909003           | SUMREENA RASOOL  | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Sumreena  |
| 44    | 171909004           | SUMI JAN         | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Sumi Jain |
| 45    | 171909005           | HEENA YADAV      | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Heena     |
| 46    | 171909006           | KAVITA           | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Kavita    |
| 47    | 171909007           | PRIYA            | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Priya     |
| 48    | 171909009           | ANANTIKA TEHLANI | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Ananti    |
| 49    | 171909010           | ABHIJEET RAWAT   | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Abhi      |
| 50    | 171909011           | SHUBHAM SINGHAL  | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | —         |
| 51    | 171909012           | TAGE MUNYA       | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Tage      |
| 52    | 171909013           | UMANG            | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Umang     |
| 53    | 171909014           | VISHNU S         | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | Vishnu    |
| 54    | 171909015           | VAIBHAV SAXENA   | Master of Science (Psychology) (Clinical/Counseling/Forensic) | I    | —         |




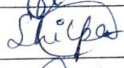

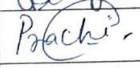
# FACULTY OF BEHAVIOURAL SCIENCES

Name of the event: *Building positive self image*

SESSION-2017-18

Attendance Sheet (Date: *21/11/17*)

| Registration Number | Name                  | Course                                    | Year | Signature          |
|---------------------|-----------------------|---|------|--------------------|
| 161902002           | SANJANA GARG          | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902003           | DHEERAJ GHUGHTAL      | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902005           | KRITI MONGA           | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902006           | DEVANSHI              | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902007           | KANAN SHARMA          | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902009           | PREETI SHARMA         | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902010           | PARVNEET KAUR KHURANA | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902011           | LYDIA DONBIAKKIM      | Bachelor of Science (Clinical Psychology) | II   | —                  |
| 161902012           | NAMISHA CHUGH         | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902013           | MEHAK BHATIA          | Bachelor of Science (Clinical Psychology) | II   | —                  |
| 161902014           | MANEESH               | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902015           | EMANUEL VL AWMPUIA    | Bachelor of Science (Clinical Psychology) | II   | —                  |
| 161902016           | KHUSHBOO WASAN        | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902018           | LAKSHITA RAO          | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902021           | PULKIT THAKUR         | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902023           | KAVITA SHARMA         | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902024           | NIKITA YADAV          | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902025           | TANISHA KAWATRA       | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902026           | SIMRAN                | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902027           | SALOMI SAMBA DOLMA    | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902028           | LAXMI                 | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |
| 161902031           | MUSKAN SHARMA         | Bachelor of Science (Clinical Psychology) | II   | —                  |
| 161902032           | EKTA KHURANA          | Bachelor of Science (Clinical Psychology) | II   | <i>[Signature]</i> |


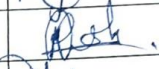
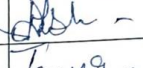

|           |                  |   |    |   |
|-----------|------------------|---|----|---|
| 161902033 | LARIHUN SYIEMUEH | Bachelor of Science (Clinical Psychology) | II |  |
| 161902034 | SHILPA           | Bachelor of Science (Clinical Psychology) | II |  |
| 161902036 | JUHI JANA        | Bachelor of Science (Clinical Psychology) | II |  |
| 161902037 | PRACHI KAUSHIK   | Bachelor of Science (Clinical Psychology) | II |  |
| 161902038 | SHWETA VATS      | Bachelor of Science (Clinical Psychology) | II | —   |

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Name of the event: *Building positive Self Image*

SESSION-2017-18

Attendance Sheet (Date: *21/11/17*)


















| S. No | Registration Number | Name                | Course                                  | Year | Signature  |
|-------|---------------------|---------------------|---|------|--|
| 55    | 161901002           | RAMNEET KAUR KHURAN | Master of Science (Clinical Psychology) | II   | —  |
| 56    | 161901003           | KAJAL RAI           | Master of Science (Clinical Psychology) | II   |   |
| 57    | 161901004           | RAKHI CHANDALIA     | Master of Science (Clinical Psychology) | II   |   |
| 58    | 161901005           | HONEY SHREE         | Master of Science (Clinical Psychology) | II   |   |
| 59    | 161901006           | TANYA SAHU          | Master of Science (Clinical Psychology) | II   |  |
| 60    | 161901007           | PRACHI YADAV        | Master of Science (Clinical Psychology) | II   | —  |
| 61    | 161901008           | KAMAL CHOPRA        | Master of Science (Clinical Psychology) | II   | —  |

**FACULTY OF BEHAVIOURAL SCIENCES**

Name of the event: *Building positive self image*

**SESSION-2017-18**

**Attendance Sheet (Date: 21/11/17)**

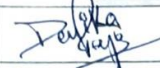

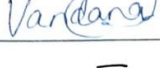



| Registration Number | Name                | Course                       | Year | Signature  |
|---------------------|---------------------|------------------------------|------|--|
| 151901001           | JEFFLIN HARIS RODHA | B. Sc. (Clinical Psychology) | III  |    |
| 151901002           | ROUNAK CHATTERJEE   | B. Sc. (Clinical Psychology) | III  |    |
| 151901003           | PRAGYA              | B. Sc. (Clinical Psychology) | III  |    |
| 151901004           | SANDEEP KUMAR       | B. Sc. (Clinical Psychology) | III  |    |
| 151901006           | ARPITA KALRA        | B. Sc. (Clinical Psychology) | III  |    |
| 151901007           | KANIKA              | B. Sc. (Clinical Psychology) | III  |    |
| 151901008           | DIVYA PRASAD        | B. Sc. (Clinical Psychology) | III  |    |
| 151901009           | HARSHITA GOYAL      | B. Sc. (Clinical Psychology) | III  |    |
| 151901010           | KIRAN YADAV         | B. Sc. (Clinical Psychology) | III  |    |
| 151901011           | SHUBHAM PANDEY      | B. Sc. (Clinical Psychology) | III  |   |
| 151901014           | ANKITA              | B. Sc. (Clinical Psychology) | III  |  |
| 151901015           | KRITIKA GAUTAM      | B. Sc. (Clinical Psychology) | III  |  |
| 151901016           | PRACHI SAINI        | B. Sc. (Clinical Psychology) | III  |  |
| 151901017           | RADHA CHATURVEDI    | B. Sc. (Clinical Psychology) | III  |  |
| 151901018           | PREETI              | B. Sc. (Clinical Psychology) | III  |  |
| 151901019           | INDU                | B. Sc. (Clinical Psychology) | III  |  |
| 151901020           | MEENAKSHI           | B. Sc. (Clinical Psychology) | III  |  |

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Name of the event: *Building positive self image*

**SESSION-2017-18**

**Attendance Sheet (Date: 21/11/17)**

| S. No | Registration Number | Name            | Course                                     | Year | Signature   |
|-------|---------------------|-----------------|--|------|---|
| 31    | 171906001           | DEVIKA RAJE     | Master of Philosophy (Clinical Psychology) | I    |  |
| 32    | 171906002           | PRERNA HASIJA   | Master of Philosophy (Clinical Psychology) | I    |  |
| 33    | 171906003           | VANDANA KAUSHIK | Master of Philosophy (Clinical Psychology) | I    |  |
| 34    | 171906004           | KHUSHBOO TOMAR  | Master of Philosophy (Clinical Psychology) | I    |  |
| 35    | 171906005           | MAHIMA TRIVEDI  | Master of Philosophy (Clinical Psychology) | I    |  |
| 36    | 171906006           | SHADMA JAHAN    | Master of Philosophy (Clinical Psychology) | I    |  |

